

# Volunteering

# Opportunities

at

# mosaic:

# shaping disability services



# Sunbeam

- **Narrow boat**
- **On an 'as and when' required basis between April and October**
- **Approximately 9.30am to 4.30pm**
- **Making drinks, helping passengers on and off safely, operating locks, getting the boat ready, tidying up afterwards**
- **Also an opportunity to help out on short trips at festivals**

# Sailability

- **Sailing in dinghies for people with disabilities**
- **Tuesdays from April to October**
- **Approximately 12pm to 5pm**
- **Preparing the dinghies, helping the sailors to get ready and assisting them in and out of the dinghies, putting everything away**
- **More specialist roles available of manning the rescue boat and showing/teaching sailors how to sail**

# Newsletter

(packing and labelling)

- Every other month
- *Currently no opportunities available*

# Reception

- On a regular basis
- Answering the telephone
- Taking messages
- Preparing outgoing post
- Assisting visitors

# Visiting

- On a regular basis convenient to you and on arrangement with the customer
- However much time is convenient
- Going to people's homes, having a chat, maybe reading, possibly taking a person out by mutual agreement

# Groups

- On a regular basis
- Approximately 9.30am to 3.30pm
- Making tea/coffee etc
- Having a chat
- Possible help with pushing wheelchairs on outings
- Helping with whatever the group has chosen to do that day
- NO personal care needed to be done

**For information on any of the above volunteering roles please contact Suzy, either on the usual office number 0116 231 8720 or on her mobile 07912 480 957.**